

WALKING THRU AUTUMN



2017 Hiking Series

There's nothing quite like a walk on a sunny, crisp autumn morning! Hiking is an enjoyable form of an aerobic and stress-free way to increase your health. Please join us for the 13th consecutive year of the popular Walking Thru Autumn series. Each week, 50-70 participants meet for conversation and to explore some of the 25 miles of Metro Park trails. Upon completing 5 out of the 8 offered hikes, participants will receive a 2017 Metro Parks hiking stick installation. Hand-crafted wood hiking sticks will be available for purchase for \$10. All participants are required to pre-register by calling the main office at 419-221-1232.

All hikes will start at 9:00 a.m., will last approximately 1 1/2 to 2 hours and will be an easy to moderate format. The date, time and location of each hike are listed below. September 29 marks the first hike. However, pre-registration is required as late as September 23 for the final 5 hikes. After this date, walk-ins are welcome but may be eligible for the hiking stick installation.

Come enjoy the amazing beauty of fall as you explore your Metro Parks. It's the natural thing to do!

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| Sat., Sept. 9 - 9 a.m. | Location: Ottawa Metro Park - 2032 Ave Rd., Lima |
| Sat., Sept. 16 - 9 a.m. | Location: Deep Cut Historical Park - 22700 St. Rt. 66, Spencerville |
| Sat., Sept. 23 - 9 a.m. | Location: McLaren Teddy Bear Park - 2034 N. Dixie Hwy., Lima |
| Sat., Sept. 30 - 9 a.m. | Location: Uppercut Bird Sanctuary - 3090 Suburban Dr., Lima |
| Sat., Oct. 7 - 9 a.m. | Location: Miller Metro Park - 10740 Columbus Cross-Street Rd., Jeffersville |
| Sat., Oct. 14 - 9 a.m. | Location: Kendrick Woods - 871 N. Gallia Road, Spencerville |
| Sat., Oct. 21 - 9 a.m. | Location: Heritage Park - 2090 Wood Rd., Lima |
| Sat., Oct. 28 - 9 a.m. | Location: Harmon Woodlands - 495 N. Wapak Rd., Lima |



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