There’s nothing quite like a walk on a sunny, crisp autumn morning! Hiking is an enjoyable form of exercise and a great way to increase your health. Please join us for the 12th consecutive year of the popular Walking Thru Autumn series. Each week, 50-70 participants meet for camaraderie and to explore some of the 27 miles of Metro Park trails. Upon completing 6 out of the 8 offered hikes, participants will receive a 2018 Metro Parks hiking stick medallion. Hand-made wood hiking sticks will be available for purchase for $10. All participants are required to pre-register by calling the main office at 419-221-1232.

All hikes will start at 9:00 a.m., will last approximately 1 ½ to 2 hours and will be on easy to moderate terrain. The date, time and location of each hike are listed below. September 8 marks the first hike; however, participants may register as late as September 22 for the final 6 hikes. After this date, walk-ins are welcome but will not be eligible for the hiking stick medallion.

Come enjoy the amazing beauty of fall as you explore your Metro Parks. It’s the natural thing to do!

Sat., Sept. 8 - 9 a.m. Location: Kendrick Woods Metro Park - 971 N. Defiance Trail, Spencerville
Sat., Sept. 15 - 9 a.m. Location: McLean Teddy Bear Park - 2004 N. Dixie Hwy., Lima
Sat., Sept. 22 - 9 a.m. Location: Motter Metro Park - 10740 Columbus Grove Bluffton Rd., Bluffton
Sat., Sept. 29 - 9 a.m. Location: Lippincott Bird Sanctuary - 3093 Bellefontaine Rd., Lima
Sat., Oct. 6 - 9 a.m. Location: Deep Cut - 22900 St. Rt. 66, Spencerville
Sat., Oct. 13 - 9 a.m. Location: Kendrick Woods Metro Park - 971 N. Defiance Trail, Spencerville
Sat., Oct. 20 - 9 a.m. Location: Hermon Woodlands - 485 N. Wapak Road, Lima
Sat., Oct. 27 - 9 a.m. Location: Lauer Historical Farm - 800 Roush Road, Lima